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Rowell Family Empowerment of Northern California, Inc.

Online Newsletter

Go to → EmpowerYourFamily.org

GENERAL NEWS: Applicable to all in Far Northern California.



Households of People with Disabilities; Save on Energy and Phone Bills.

Have you considered PG&E's [CARE Program](#)? CARE stands for California Alternate Rates for Energy. Receiving SSI (Supplemental Security Income) or MediCal qualifies you for cheaper rates on energy. You may also qualify for their [Medical Baseline Allowance](#) which can save you even more money. What about your home phone? Try [AT&T's Lifeline program](#). Again, SSI is the magic word, but if you or anyone in your household are enrolled in any one of several public assistance programs you may qualify. If you have energy or phone supplied by different companies it could be worth your time to call them and ask questions about programs that could save you money!

News for Families of Children with Special Health Needs and the Community that Supports Them!

Here the [latest issue of the CaCSHCNews Newsletter](#). In this issue you will find information on the California Budget, the State's continued efforts to receive a federal Medicaid Section 1115 waiver, and a tribute to Family Voices founding Executive Director Polly Arango. There is also a section regarding updates on national health care reform and a list of resources dedicated to helping children and youth with epilepsy and/or seizure disorder.

Morgan's Wonderland Family Fun Park in San Antonio.

It's the World's First Ultra Accessible Family Fun Park designed specifically for children and adults with special needs, their family members, caregivers, friends and the entire community.

This 25-acre park is a unique oasis, that through the spirit of inclusion, allows people of all abilities to play, learn and share life changing experiences together, in a fun and safe environment. Visit MorgansWonderland.com for more info.



Vote for Clerc's Children to win 50K!

Clerc's Children want to launch first ever early bilingual website for deaf toddlers. Three ways to vote: www.refresheverything.com/4DeafToddlers, text 101469 to Pepsi 73774 or on Facebook: Like Pepsi app then search "Clerc's Children" and vote! Thank you! In gratitude, Terrylene Sacchetti

Please Send RFENC's Books Home!

There are several books from our resource library that have been checked out and held onto for months; Some for more than a year. If you are a family holding one of our lonely books hostage, please send it home to us. We miss it!

COMMUNITY EVENTS:

C.A.S.T. for Kids - Oroville - Sept 11.

Join the Catch A Special Thrill Foundation for a memorable day of fishing, pairing Bass Fishermen with children with disabilities. It will be a fantastic day of boating, games, BBQ, and plenty of fun! The CAST Foundation will be at Lake Oroville State Recreation Area Sept 11. To sign up for CAST at Lake Oroville call (530) 538-2222.



Estate Planning for Families with Children With Developmental Disabilities; Dates and Locations Variable.

During this presentation, by attorney Phyllis Raudman, you'll learn about estate planning basics and why typical estate planning methods will not work for you. You'll also learn how to avoid the common pitfalls, and more. This training will take place from 6-8pm at various places and different dates. At the Redding Library on Sept 2, Chico Library on Oct 7, and the Red Bluff Community Center on Nov 10. For more info call We Care A Lot Foundation (530) 223-7771.

BLC Seminar on Disability Awareness - Sept 11 in Redding.

Trinity Lutheran Church, located at 2440 Hilltop Drive, is holding a seminar to equip the saints to welcome, include and reach out to individuals with disabilities. RFENC's own Monica Thoma will be a featured speaker at this event which is scheduled for 9:30am to 12:30pm. For more info, or to register, call 221-6686 or email getabicha.dirasse@mailblc.org. Everybody in your church who is interested in feeling comfortable, befriending, and sharing love with people with disabilities is invited.

Butte's "People Who Make a Difference" Award Nomination.

If you know someone who is deserving of this award you can get a nomination form from Rural Education Institute (R.E.I.) by phoning Sarah at 895-4027 or sending an email to REI@calvoc.org. Nominations are due by Friday Sept. 17. Criteria: Community members who have had a positive impact on the lives of people with developmental disabilities. Community members who have demonstrated inclusive values. Family members, service agency personnel, educators, medical personnel, other service personnel. Nominee may, or may not, be directly involved in the service system. Up to 30 individuals will be honored.

Community Resource Fair in Orland - Oct 2.

This FREE resource fair will be from 10am - 2pm as part of Bi-National Health Week. It will feature resource information (naturally), immigration information, health/dental screenings, food booths, entertainment, prizes, and activities for children and families. For Glenn County residents of all ages. For more info call Linda at (530) 934-1457.

See What I'm Saying: A Deaf Entertainer's Documentary - Chico Oct 13.

You will meet the director, Hilari Scarl and two of the stars, CJ Jones and TL Forsberg! For more information please visit www.SeeWhatImSayingMovie.com.

Free Shriners Screening in Sacramento - Oct 23.

From 9 a.m. to 1 p.m. at the Sacramento Shriners Hospital for Children, there will be a free screening clinic to identify children who can benefit from expert orthopedic, spinal cord and burn care provided by the Shriners Hospitals for Children. Although the emphasis is on orthopedic, burn and spinal cord care, the hospital also offers other services, including plastic surgery for non-burned related scarring and cleft palate repair. All care provided at Shriners Hospitals is absolutely free of charge.



NEW RFENC EVENTS:

IEP Training for Parents of Children ages 2-5 years - Sept 10 in Chico.

This IEP Training will focus on that transition that is coming from IFSP to IEP or on preschool services for your child. Bring the current IFSP or IEP to this training and together we design a binder specifically for your child. The training is from 10:30am - 1pm. Please call soon as space is limited. Trainer: Kat Lowrance



RFENC at Art Hop! Saturday, September 11, 6-9 PM.

We have been invited to join the Art Hop for a 1 year anniversary! Many of you remember coming to the Market Street Promenade outside Need For Speed and painting a car! Well, we do not have a car but think the children will love this just as much. We will have face painting inside and sidewalk art outside. Come join us in the fun!

Disability; There's an App for That - Sept 27 in Redding.

There are a plethora of apps (aka applications) available for mobile Apple devices that can be of great help to children with disabilities, parents, and professionals. This training will guide you through the exploration of many of those apps and their usefulness as Assistive Technology. More than just a fun presentation, you'll be able to 'touch and use' many of the apps on an iPod Touch and also see and use an iPad. The presentation will start at 6:30pm sharp at Upper Crust Pizza off Churn Creek Rd. Open to anyone who's interested in learning.

Journey to Adulthood: What Parents Need to Know (Sexuality) Sept 10.

Parents, be proactive and empower your child to be safe and socially appropriate as they develop toward adulthood! Arm yourselves with valuable information to educate your children. Explore information on the following questions and more: How can we prepare our children to set safe boundaries, and become self-advocates? How do we help our children understand what to expect as they grow and change before, during and after puberty? How can we help our children understand what behaviors are socially appropriate and safe? Come to Rowell Family Empowerment in Redding from 6-8:30pm, but RSVP first.



Shasta County Integrated Playgroups for Toddlers!

Every Tuesday, from 11am - 1pm, starting September 14 RFENC is having a playgroup for toddlers ages 18 mos. - 3 years old. If you have a child with special needs and want to come and play with other children please give us a call! RSVP at 226-5129.

Don't Forget About RFENC's Event Calendar.

Find dates and times of our recurring training and support groups by going to our Online Calendar, available on [RFENC's website](#). We routinely offer training on topics such as the Individuals with Disabilities Education Act (IDEA), Medical Information Binder, and IEP Preparation, to name a few. There is a special IEP Preparation Training for parents of children birth-5! And we offer several ongoing support groups. Need info about what exactly the training entails? See the Workshops page on our website.

Make a Donation!

[Go to → Donations](#)

RFENC is able to provide services to children with disabilities and their families because of State & Federal grants and private donations from people just like yourself. Won't you help us? You can make a donation with your credit card securely through PayPal (via our website) or make checks payable to *RFENC, 962 Maraglia Street, Redding, CA 96002*