

Redding Office
962 Maraglia St.
Redding, CA 96002
Ph. (530) 226-5129
877-227-3471



Chico Office
377 Connors Ct., Ste. A
Chico, CA 95926
Ph. (530) 899-8801
888-263-1311

Rowell Family Empowerment of Northern California, Inc.

[Online Newsletter](#)

[Go to → EmpowerYourFamily.org](http://EmpowerYourFamily.org)

Governor Proposes to Terminate IHSS.

The governor's 2010-11 budget proposal assumes that California will receive \$6.9 billion in additional federal funds to help close the state's budget gap. Governor Schwarzenegger recommends eliminating the In-Home Supportive Services program if those federal dollars aren't received. Even if the federal money *is received* he recommends deep cuts for IHSS that would likely remove the service from 87% of the current recipients. He also recommends deep cuts for CalWORKs, SSI, and Healthy Families. To get more info on California's budget [see Family Voices of CA](#).



CAHSEE Requirement Lifted for 2009-10 School Year.

Beginning in the 09-10 school year, California Education Code Section 60852.3 provides an exemption from meeting the California High School Exit Examination requirement as a condition of receiving a diploma of graduation for eligible students with disabilities who have an IEP or Section 504 plan. For more info see the [California Dept. of Education CAHSEE webpage](#).

Challenger's Little League is Back.

It's a positive experience and a positive environment for youth ages 5-18 years old with physical or developmental challenges. Join Challenger's for baseball, teamwork, sportsmanship, and fun! Open to all ballplayers in Shasta County. Call Carol Matheney at 547-4633 to register your child. There is no cost to eligible players. Play begins in March.

Epilepsy Foundation of Northern California.

Are you or a loved one affected by Epilepsy? You may want to learn more about the Epilepsy Foundation. Members have been working hard advocating on the senate and house floors promoting awareness. For more information, including the latest news, see the website of the [Epilepsy Foundation of Northern California](#).

Adaptive Nordic & Snowshoe Day - Feb. 6.

Shasta Disabled Sports invites anyone with any type of disability to a fun day of Nordic skiing (adaptive equipment avail.) &/or snowshoeing. Potluck lunch & warming hut to keep cozy & energized. Must pre-register. This is a free event! 10am-2pm. Mount Shasta Nordic Center, Ski Park Hwy off Hwy 89. (530) 925-1531 to register or get more info.



Parenting Your Child with ASD Class - Feb. 17.

Presented by Cathy Smith, M.S. and Butte County SELPA, this free class is limited to 30 participants. It will take place at the Chico Unified School District Office in the Large Conference Room. To register visit [Butte County SELPA's website](#). For questions, please contact Jeri Jeska at 532-5621 or jjeska@bcoe.org.

Guiding Your Adolescent - Feb. 18.

Presented in Spanish, Family Soup of Sutter County is hosting this presentation by Emerita Banelos, MSW, LCSW. Topics covered will be the developmental stage of adolescents, adapting to the US, family issues, and others. To be held Feb. 18, 25 and March 4 from 6-8pm in Yuba City. For more information or to register please call 751-1925. RSVP by Feb. 15.



Cochlear/Hard of Hearing Adult Support - Feb. 20.

Annie Veranesic, audiologist, will be the guest speaker at this group meeting in Redding. She will answer your questions about audiograms, Cochlear Implants, and Bahas. Captioning and sign interpreters provided at this event put on by Nor-Cal Services for Deaf & Hard of Hearing. For additional info [see the complete flyer.](#)

Assistive Technology Training For Parents - Feb. 23.

2:30-4pm at RFENC's Redding Office - Questions answered include: How do I get it? Who pays for it? Does my child need it? Who maintains the device? *What the heck is assistive technology and can my child benefit from it?* If you're interested call RFENC's Redding Office (226-5129) and ask for Shane. Make sure you RSVP as soon as you can because if too few parents confirm, the training will be canceled.

Autism Workshop in Sac en Español - February 27.

A summary of recent research and treatment options Sponsored by Fiesta Educativa - Sacramento in collaboration with the Center for Excellence in Developmental Disabilities and U.C. Davis M.I.N.D. Institute. Presented by: Joaquín Fuentes, M.D. *This presentation will be in Spanish.* Registration is free. It is necessary to sign up early. See the flyer for all the details en [Español](#) and in [English](#).

Donate Your Used Consumer Electronics!

Rowell Family Empowerment is conducting a recycling fundraiser. There's nothing to buy. We are simply asking you to protect the environment by donating your used cell phones, ink jet cartridges, laptop/notebook computers, iPods, digital cameras, & digital video cameras. Your used item(s) may be tax deductible and will be recycled in accordance with EPA regulations or refurbished and sold. 100% of the proceeds will help support families who have children with diverse abilities. We greatly appreciate your support!

Family SOUP Serving Sutter County.

With an office in Yuba City, Family SOUP offers many services to the families of Sutter County including counseling and support groups during the month of February. They are located at 1650 Sierra Avenue, Suite 106, Yuba City. Visit them online at FamilySOUP.org for specifics or give them a call at (530) 751-1925.

Transition Faire in Butte County - March 3 & 24.

Butte County SELPA is supporting a Transition Faire for students with disabilities to help facilitate improved transition from school to the adult world. [See the flyer](#) (in Word format) on their website for more details. The earlier date will take place in Chico, the latter in Oroville. For questions contact Esther Downs at 532-5875 or edowns@bcoe.org.

Prader-Willi Syndrome Workshop - April 2.

Put on by Far Northern Regional Center, consider this a request to save the date, and to be at the Red Bluff Community Center from 8:30am - 12 noon. The keynote speaker will be Theresa McGrath of the Prader-Willi Syndrome Foundation of California. There will also be a special panel of local experts for a question & answer session. Title 17 CEU's offered. Look for a registration form mid-February from Far Northern. If you have any questions contact Kay Cullis at 222-8795 x3386.

The BIG RACE 2010 - April 17.

Get ready... Get set... GO! Plan to have your youngster, ages 1-5, be in the Big Race this year. It's lots of fun and children with disabilities are encouraged. Each year this is a huge event during the Week of the Young Child and Rowell Family Empowerment is playing a major part in it. To get a better idea of what the Big Race consists of see the video of [last year's race on YouTube](#). Be on the lookout for online registration info soon.



NAMI Walks - April 24.

The National Alliance on Mental Illness will be holding their First Annual Butte County Walk beginning at 10am, with registration at 9am, at the Downtown Plaza in Chico. Come help raise money to offer free education, support, and advocacy for people who have a mental illness and their families. For more info contact Tammy Wichman at (530) 345-4514 or L.TammyWichman@hotmail.com.

Don't Forget About RFENC's Event Calendar.

Find dates and times of our recurring training and support groups by going to our Online Calendar, available on [RFENC's website](#). We routinely offer training on topics such as the Individuals with Disabilities Education Act (IDEA), Medical Information Binder, and IEP Preparation, to name a few. And we offer several ongoing support groups. Need info about what exactly the training entails? See the Workshops page on our website.

Make a Donation!

[Go to → Donations](#)

RFENC is able to provide services to children with disabilities and their families because of State & Federal grants and private donations from people just like yourself. Won't you help us? You can make a donation with your credit card securely through PayPal (via our website) or make checks payable to *RFENC, 962 Maraglia Street, Redding, CA 96002*